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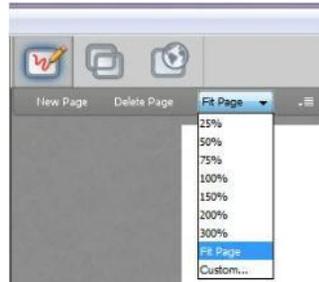
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Surface Roughness and Rollability

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Presenters



Scott Windley



Jon Pearlman

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Agenda

- **Access Board Involvement**
- **Roughness and Rollability
Research Efforts**
- **What's Next**
- **Questions and Answers**

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Access Board's Involvement

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PROW Access Advisory Committee

- The Public Right of Way Access Advisory Committee recommended a “reduced vibration zone”:
 - X02.1.2.2 Reduced Vibration Zone. Within the pedestrian access route, there shall be an unobstructed reduced vibration zone meeting the requirements of this section. The reduced vibration zone shall be a contiguous part of the pedestrian access route that connects to elements required to be accessible in Section X02.3, and shall meet the requirements set forth in Section X02.1.1 through Section X02.1.7.
- How do we measure the vibration?
- What is too much vibration?



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Pedestrian Pathway Research

Jon Pearlman, PhD

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Affiliations

- Positions & Affiliations
 - Assistant Professor, Dept. of Rehab Science & Tech.
 - Associate Director of Product Innovation & Translation, Human Engineering Research Labs
 - Biomedical Research Engineer, VA Pittsburgh
 - Co-founder and advisor, pathVu
 - Equity stake



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Funding Sources

- Veterans Affairs (~\$2Million; \$200k to JP)
- Access Board (\$300,000)
- ICPI & BIA (\$200,000; \$70k to JP)
- Innovation-related funding for pathVu (\$90,000)
 - Innovation Works, BNY Mellon, VentureWell



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Mission

To continuously improve the mobility and function of people with disabilities through advanced engineering in clinical research and medical rehabilitation.



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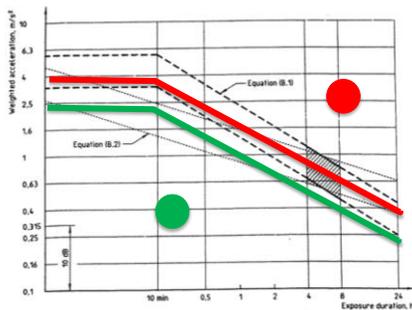
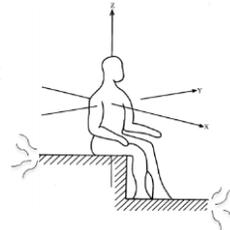
Pedestrian-related statistics

- 1:3 older Americans trip annually
- TBI most frequently a result of trips/falls (35.2%)
- \$30B of direct medical costs are related to falls annually
- Among WC users
 - Trips/falls are most common source of injury
 - 2x more likely to have back or neck pain

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Health Motivation

- WC users experience may have health consequences related to vibration
 - 60% of WC users report neck pain & discomfort
 - Postural issues are common among WC users



- Vibration Exposure Standards (ISO 10326 & 2631)
 - Provide measurement and analysis techniques
 - Provide exposure thresholds

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Research Questions

Primary: Are wheelchair users exposed to unsafe levels of vibration?

If **YES**

- 1) What are the factors that impact risk?
- 2) What interventions mitigate the risk?

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Related Research

- Roadloads (Van sickle '94,'96, '97, '00,'04)
 - Developed instrumentation to measure reaction force at caster and propulsion wheels of MWC & recorded data in-lab and in-home & during wheelchair testing.
- Seating System Influence (DiGiovine 2000 & 2003)
 - Influence of seating system on comfort and vibration exposure in-lab human trials.
- ICPI/BIA (Wolf, Cooper, Pearlman 2004 & 2007)
 - Influence of surface features on vibration exposure
- Suspension (MWC: Kwarciak; PWC: Wolf, 2008)
 - Influence of suspension system on vibration exposure
- **Influence of Cushion (Pearlman, Garcia & Cooper, 2011)**
 - Characterization of the WC cushion transmissibility
- **Community Vibrations (Pearlman, Garcia & Cooper, 2012)**
 - Evaluation of MWC vibration exposure in the community
- **Pathway Roughness of Sidewalks (Pearlman, Duvall, Sinagra, 2013 & 2014)**
- **Pathway Measurement Tool (Sinagra, Duvall, Pearlman, 2014)**
- **Pathway Roughness Thresholds (Duvall, Pearlman, Cooper, 2016)**
- **ASTM Pathway Roughness Standard (2016)**

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Primary Research Question: Tools

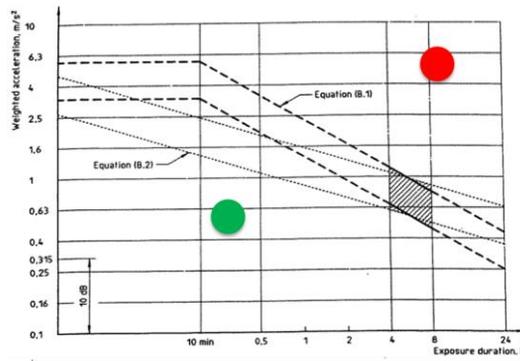


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Research Question 1: Answer

- Exposure is mostly within or above caution zone
- Results insensitive to WC type

Site	Health Caution Zone		
	% Below	% Within	% Above
Seat	0	30	70
Back	3	80	17



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Research Question 2: Risk Factors

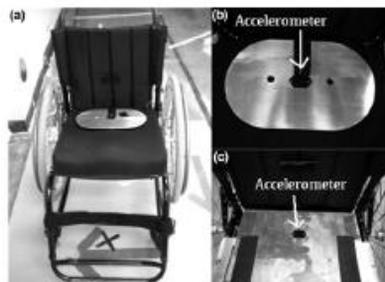
- Intrinsic Factors
 - Wheelchair, cushion, wheelchair user
- Extrinsic Factors
 - Sidewalks



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Intrinsic Factors

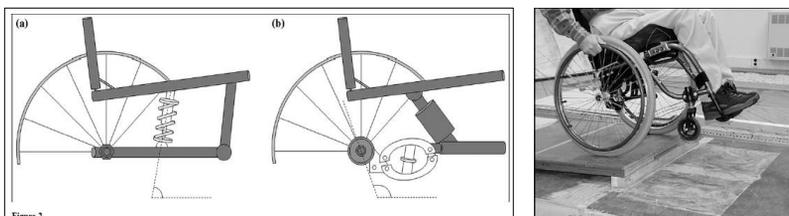
- Cushions
 - Often amplify vibrations into body (Garcia '12)
 - Are not selected such that they minimize vibration (DiGiovine '00)



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Intrinsic Factors

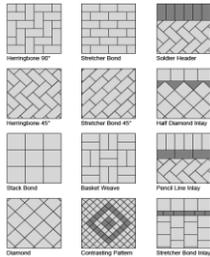
- Suspension
 - Not optimized in manual (Kwarciak) or Power Wheelchairs (Wolf)



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Extrinsic Factors

- Pedestrian Pathways
 - Vibration on newly installed segmental pavers depends on paver bevel and pattern
 - Some paver surfaces are smoother than poured concrete



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Extrinsic Factors

Table II. Comparison to ISO 2631-1 lower boundary of the Health Guidance Caution Zone.

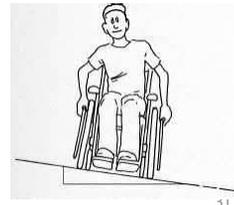
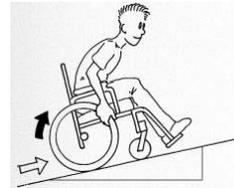
Surface	Material, chamfer Width, herringbone pattern angle	Manual wheelchair	Electric-powered wheelchair	
		Exposure limit (h) at 1 m/s	Exposure limit (h) at 1 m/s	Exposure limit (h) at 2 m/s
1	Poured concrete	6.77	11.62	1.26
2	Concrete, 0 mm, 90°	13.38	24.31	4.72
3	Concrete, 2 mm, 90°	8.53	16.40	3.14
4	Concrete, 8 mm, 90°	2.34	2.43	2.31
5	Brick, 4 mm, 45°	6.38	15.08	2.52
6	Brick, 0 mm, 45°	6.00	12.82	2.03
7	Concrete, 6 mm, 90°	4.32	4.81	3.49
8	Concrete, 6 mm, 45°	2.46	12.57	2.66
9	Concrete, 4 mm, 90°	6.52	11.16	4.44



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Outputs & Outcomes

- Extrinsic Factors are determined by US Access Board based on ADA & ABA
- Current Guidelines
 - Running slope (1:20)
 - Cross-slope (1:50)
 - Level Changes (1/4")
 - Stable, firm, & Slip Resistant
 - **Roughness?**



Project Goals

1. Characterize the relationship between surface roughness, vibrations and user-response
2. Develop 'threshold' roughness which is both comfortable and safe for users
3. Design a surface roughness measurement device for industry use
4. Promote threshold and relevant measurement techniques through publications and standards

Funded by the US Access Board

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Simulated Surfaces



Surface	Roughness Index (in/ft)	Crack Frequency (in)	Crack Width (in)
1	0.20	No cracks	0
2	0.29	12	0.80
3	0.36	8	0.80
4	0.53	12	1.25
5	0.53	4	0.80
6	0.66	8	1.25
7	0.84	8	1.55
8	1.10	4	1.25
9	1.36	8	2.00

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Outcome Tools

Subjective Ratings

RATER FORM

PERFECT	5	<input type="checkbox"/> Ride quality does not need improvement <input type="checkbox"/> Ride quality needs improvement Site No. _____ Rater No. _____
VERY GOOD	4	
GOOD	3	
FAIR	2	
POOR	1	
VERY POOR	0	
IMPASSABLE	0	

NOTE: Rating line will be a unit length scale for ease of data reduction.

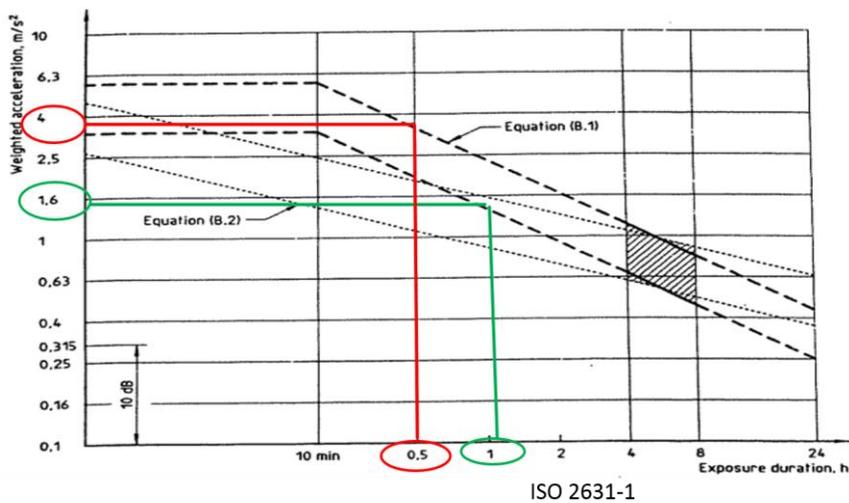
FIG. X1.1 Sample Rating Form for Panel Study

Accelerations



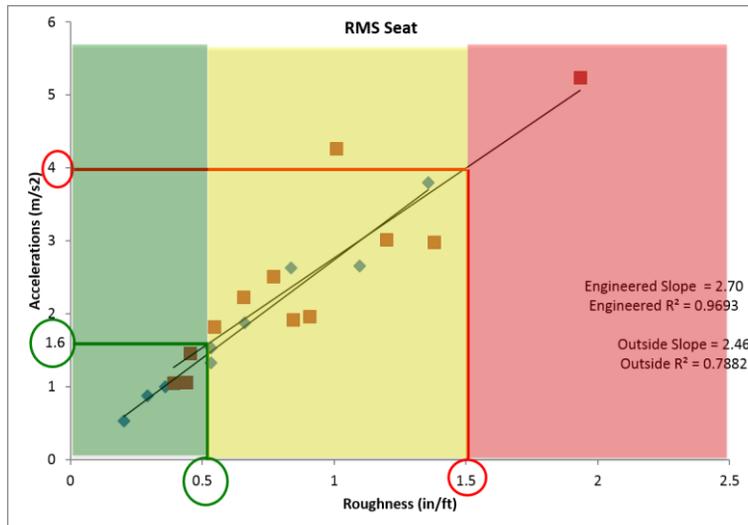
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Threshold



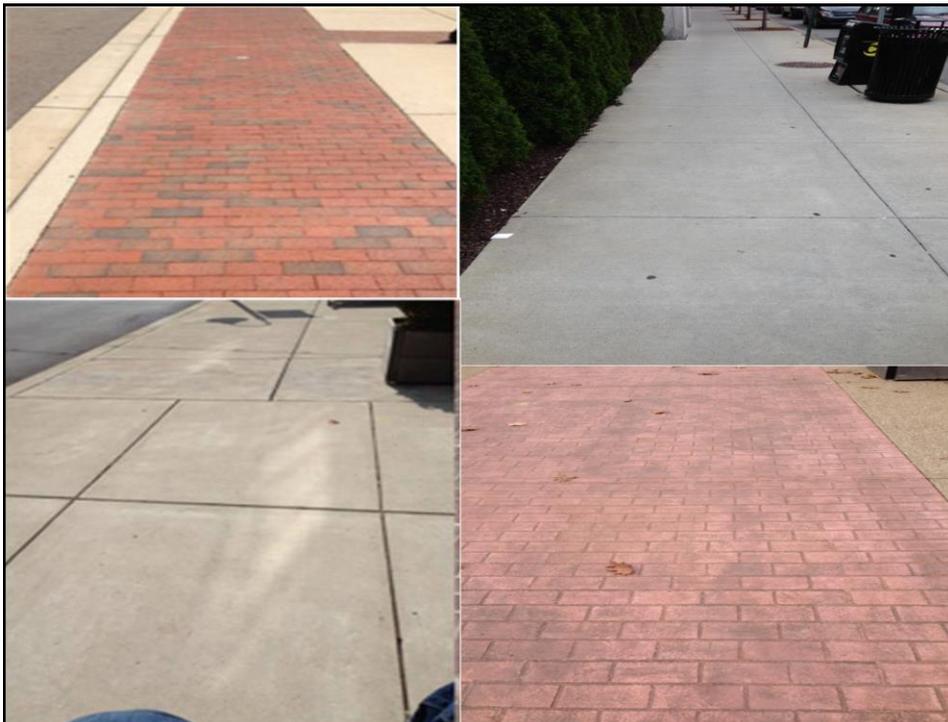
36

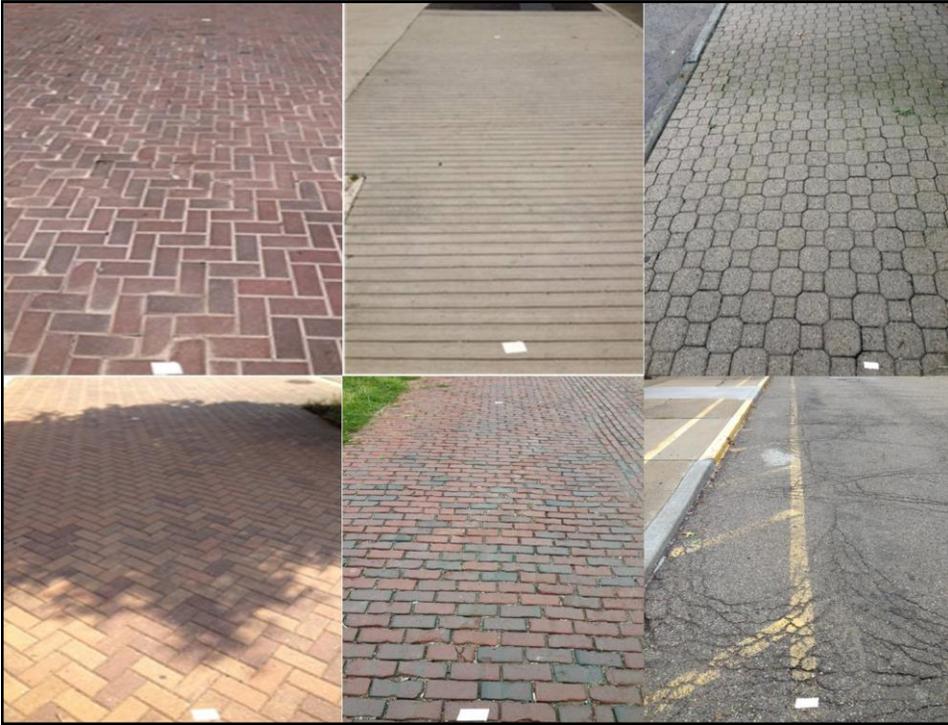
Simulated & Community



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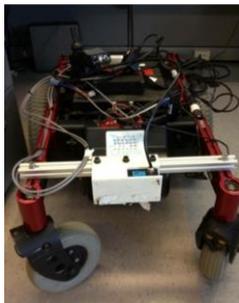
Publications & Standards related to Sidewalk Roughness

- ***Pedestrian Pathway Characteristics and Their Implications on Wheelchair Users.*** Jonathan Pearlman PhD, Rory Cooper PhD, Jonathan Duvall BS & Ryan Livingston (2013), *Assistive Technology: The Official Journal of RESNA*.
- ***Development of Surface Roughness Standards for Pathways Used by Wheelchairs*** Duvall J., Cooper R. A., Sinagra E., Stuckey D., Brown J., Pearlman J. , (2013), *Transportation Research Record* , no. 2387, pp. 149156
- ***Proposed Pedestrian Pathway Roughness Thresholds to ensure safety and comfort for Wheelchair Users.*** Duvall, J. Sinagra, E., Cooper, R., J. Pearlman (2016), *Assistive Technology: The official Journal of RESNA*
- ***Standard Practice for Computing Wheelchair Pathway Roughness Index related to User comfort, acceptance and Whole body vibrations from longitudinal profile measurements.*** Proposed in E17.33 subcommittee.

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Tools Developed as part of the work: Pathway Measurement Tool (PathMET)

A



B



C



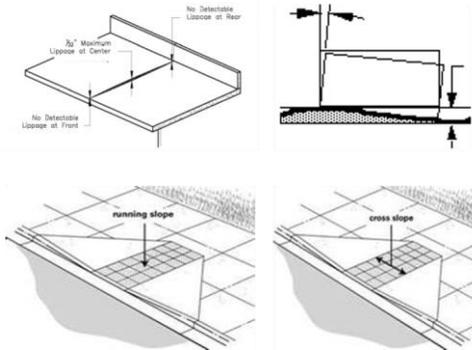
A) funded by US Access Board

B&C) Funded by ICPI/BIA support

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Output Measurements

- Roughness
- Lippage/Step Height
- Flatness
- Running Slope
- Cross Slope
- Location (GPS)
- Photograph
- Roughness



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ASTM 3028

Designation: E3028 - 16

Standard Practice for Computing Wheelchair Pathway Roughness Index as Related to Comfort, Passability, and Whole Body Vibrations from Longitudinal Profile Measurements¹

This standard is issued under the fixed designation E3028; the number immediately following the designation indicates the year of original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last revision. A superscript letter indicates an editorial change since the last revision or reapproval.

1. Scope

1.1 This practice covers the mathematical processing of longitudinal profile measurements to produce a wheelchair pathway roughness statistic called the Wheelchair Pathway Roughness Index (WPRI).

1.2 This practice provides a standard practice for computing and reporting an estimate of pathway roughness for sidewalks and other pedestrian surfaces.

1.3 The values stated in SI units are to be regarded as the standard. The inch-pound units given in parentheses are for information only.

1.4 This standard does not purport to address all of the safety concerns, if any, associated with its use. It is the responsibility of the user of this standard to establish appropriate safety and health practices and determine the applicability of regulatory limitations prior to use.

2. Referenced Documents

2.1 ASTM Standards:²

- E867 Terminology Relating to Vehicle-Pavement Systems
- E1164 Test Method for Measuring Road Roughness by Sonic Level Method
- F3259 Practice for Computing International Roughness Index of Roads from Longitudinal Profile Measurements
- ISO 15851 Guide for Conducting Subjective Pavement Ride Quality Ratings
- E1213 Test Method for Using a Rolling Inclinometer to Measure Longitudinal and Transverse Profiles of a Travel Surface

3. Terminology

3.1 **Definition:**

3.1.1 **Longitudinal profile measurement**—a series of elevation values taken at a constant interval along a wheel track.

3.1.1.1 **Discussion**—Elevation measurements may be taken statically, as with out and level per Test Method E1164 or dynamically using a rolling inclinometer per Test Method E1213.

3.1.2 **measured surface roughness**—the deviation of a surface from a true plane surface with characteristic dimensions that affect vehicle dynamics, ride quality, dynamic loads, and drainage, for example, longitudinal profile, transverse profile, and cross slope.

3.1.3 **wave number**—the inverse of wavelength.

3.1.3.1 **Discussion**—Wave number, sometimes called spatial frequency, typically has units of cycles or cycles/in.

3.2 **Definitions of Terms Specific to This Standard:**

3.2.1 **Wheelchair Pathway Roughness Index (WPRI)**—an index computed from a longitudinal profile measurement using a standard 70 mm (2.75 in.) diameter wheel with no deformation and an effective front speed.

3.2.1.1 **Discussion**—WPRI is reported in either millimeters per meter (mm/m) or inches per foot (in./ft).

3.2.2 **Mean Wheelchair Pathway Roughness Index (MWPRI)**—the average of the WPRI values for multiple trials expressed in millimeters per meter or inches per foot.

3.2.3 **True Wheelchair Pathway Roughness Index**—the value of WPRI computed for a longitudinal profile measurement with the constant interest approaching zero.

3.2.4 **wheel path**—a line or path followed by a non-deformable tire of a wheeled vehicle on a traveled surface as it approaches zero speed.

4. Summary of Practice

4.1 This practice was developed specifically for estimating wheelchair pathway roughness from longitudinal profile measurements.

4.2 Longitudinal profile measurements for one wheel track are transformed automatically by a computer program and

Safety and Comfort for Wheelchair Users

The Committee on Vehicle-Pavement Systems (E17) approved a standard that will make sidewalks safer and more comfortable for wheelchair users. The standard outlines a method to collect and analyze data from a sidewalk to determine its roughness, which can make sidewalks uncomfortable and risky for wheelchair users and others.

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Key Contribution of E3028

- Defines key terminology
 - Wheelchair Pathway Roughness Index (WPRI)
- Defines measurement approach
 - Short & extended distance
 - Accuracy expectations
- Provides example computer code to measure WPRI from high-resolution profile measurements.

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Community Use: WPRI Evaluation

Measurement (ASTM 3028)

+

Roughness Thresholds*

- $\leq 50\text{mm/m}$ for long (100m) segments
- $\leq 100\text{mm/m}$ for short (3 m) segments

**Proposed Pedestrian Pathway Roughness Thresholds to ensure safety and comfort for Wheelchair Users.* Duvall, J. Sinagra, E., Cooper, R., J. Pearlman (2016), Journal of Assistive Technology

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Example Data (from pathVu)



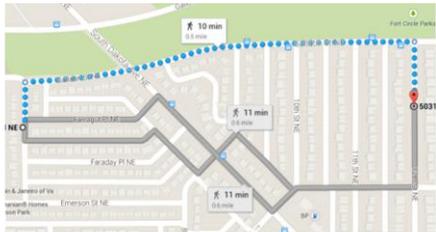
WPRI (green, yellow, red)

Trip hazards 

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Community use: Navigation

WPRI can be used to develop customized routes for WC users based on Route Accessibility Index (RAI)



Google Maps Routing on Street Centerlines



Sidewalk Routes using RAI

Duval, Jonathan A., Jonathan L. Pearlman, and Hassan A. Karimi. "Development of Route Accessibility Index to Support Wayfinding for People with Disabilities." *Smart City 360*.

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Acknowledgements

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- The Roughness Team

- Eric Sinagra
- Dianna Stuckey
- Josh Brown
- John Duvall

- Shop staff, Clinical staff other staff/students at HERL



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What's Next

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Where We Can Go From Here

- Any jurisdiction or entity can make use of the ASTM Standard.
- The Board could propose to use the findings in a future rulemaking.
- The Final Report of the Research is available on our website <https://www.access-board.gov/research/completed-research/surface-roughness-final-report>

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Questions?

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