#### Welcome to the Accessibility **Online Webinar Series**



A collaborative program between the **ADA National Network and the** 



**US Access Board** 

The Session is Scheduled to begin at 2:30pm Eastern Time We will be testing sound quality periodically

Audio and Visual are provided through the on-line webinar system. This session is closed captioned. Individuals may also listen via telephone by dialing 712-432-3100 code 930098 # (This is not a Toll Free number)

The content and materials of this training are property of the US Access Board and the DBTAC - Great Lakes ADA Center and cannot be used and/or distributed without permission. This program is funded under award #H133A060097 from the U.S. Department of Education through the auspices of the National Institute on Disability and Rehabilitation Research (NIDRR) and an inter-agency agreement with the U.S. Access Board. For permission to use training content or obtain copies of materials used as part of this program please contact us by email at adata@adagreatlakes.org or toll free (877)232-1990 (V/TTY)

UNITED STATES ACCESS BOARD





#### **Webinar Features**

- Closed captioning click **CC** icon (top of screen) or control-F8 and adjust your screen
- Questions type and submit questions in the Chat Area Text box or press control-M and enter text in the Chat Area
- Please do not use emoticons or hand-raising features during this session

UNITED STATES ACCESS BOARD

2

#### **Presenters**





Bill Botten

**U.S. Access Board** 

UNITED STATES ACCESS BOARD

## Accessible Health Clubs and Fitness Facilities

- Session Agenda
- Application of accessibility standards
- Common features
- Other elements
- Questions

UNITED STATES ACCESS BOARD

.

#### **Types of Facilities Covered**

ADA – STATE AND LOCAL GOVERNMENT, PLACES OF PUBLIC ACCOMODATION ABA – FEDERAL FACILITIES

- Health Club, Gym, Fitness Facility, Personal Training Studio
- Employee fitness facilities
- Fitness facilities connected with a hotel/motel, resort, airport, spa
- Local recreation centers, YMCA



UNITED STATES ACCESS BOARD

5

#### **New ADA Standards**

DOJ's 2010 standards (mandatory March 15, 2012)







Based on the Board's ADA-ABA Guidelines (2004)

UNITED STATES ACCESS BOARD

#### **ABA Standards**

#### (Federal facilities)

 Similar standards in effect for all federally funded facilities (except housing)





Housing – UFAS still applies (HUD to update standards)

7

#### **New Construction**

#### **New Construction**

- All areas must comply except:
  - -Exempted structures/ spaces
  - -Partially scoped spaces

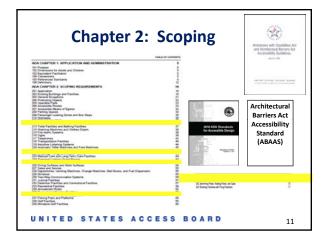
UNITED STATES ACCESS BOARD

#### **General Exceptions**

- Recreation Facilities
- Raised structures used solely for refereeing, judging, or scoring a sport
- Raised boxing/ wrestling rings
- Water slides and raised diving boards/ platforms
- Animal containment areas not open to the public



10



#### **Scoping Provisions**

- Exempted spaces 203
- Dressing, Fitting, and Locker Rooms 222
- Storage 225
- Exercise machines and equipment 236
- Play areas 240
- Saunas and steam rooms 241
- Swimming pools, wading pools, and spas -242

UNITED STATES ACCESS BOARD

#### **CHAPTER 10 – Technical provisions**

#### **Recreation Facilities:**

- Amusement rides
- Recreational boating facilities
- Fishing piers and platforms
- Golf facilities
- Miniature golf facilities
- Play areas
- Swimming pools, wading pools, and spas



13

#### **Alterations**

#### **Alterations**

- Standards apply based on:
- planned scope of work
- primary function areas/ path of travel
- "technically infeasible"

UNITED STATES ACCESS BOARD

-		
-		

#### **Alterations**

- Additional requirements for alterations to areas containing a "primary function" (major activity intended for facility)
- Example:
- group exercise room in a health club
- pool in a recreation center
- exercise equipment in a fitness facility

UNITED STATES ACCESS BOARD

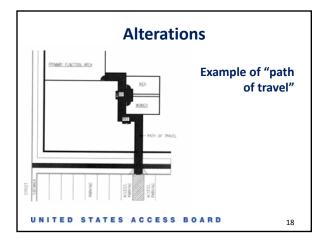
16

#### **Alterations**

Alterations to primary function areas require accessible "path of travel":

- accessible route (from site arrival
- points, parking, building entrances)
- restrooms
- phones
- drinking fountains

UNITED STATES ACCESS BOARD



#### **Alterations**

#### Path of travel:

- Compliance required except where
- "disproportionate" to the project cost
- (more than 20%)

UNITED STATES ACCESS BOARD

19

#### **Alterations**

"Technical Infeasibility" =

- Existing physical/site constraints that prohibit compliance
- Example: removing fixture to create accessible stall conflicts with plumbing code

UNITED STATES ACCESS BOARD

20

## **Existing Facilities**

#### What Standards Apply to ADA **Existing Facilities?**

- Title II Program accessibility
- Title III Readily achievable barrier removal

For more information, contact DOJ @ 800 514-0301

UNITED STATES ACCESS BOARD

22

#### **Safe Harbor – Existing Facilities**

- Elements that comply with 1991 Standards do not need to be modified to meet the 2010 Standards unless those elements are altered on or after March 15, 2012.
- Safe Harbor does not apply to elements in existing facilities that were not subject to specific requirements in the 1991 Standards

For more information, contact DOJ @ 800 514-0301

UNITED STATES ACCESS BOARD

23

#### Elements in 2010 Standards Not Subject to Safe Harbor

- (A) Residential facilities and dwelling units
- (B) Amusement rides
- (C) Recreational boating
- (D)Exercise machines and equipment
- (E) Fishing piers and platforms
- (F) Golf facilities
- (G) Miniature golf facilities
- (H) Play areas

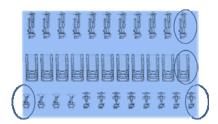
- (I) Saunas and steam rooms
- (J) Swimming pools, wading pools, and spas
- (K) Shooting facilities with firing
- positions,
- (L) Miscellaneous.
- (1) Team or player seating
- (2) Accessible route to bowling lanes
- (3) Accessible route in court sports facilities

For more information, contact DOJ @ 800 514-0301

UNITED STATES ACCESS BOARD

# **Common** elements

#### **Exercise Equipment and Machines**



One of each type

UNITED STATES ACCESS BOARD

26

#### **Exercise Equipment and Machines**

- 30 in x 48 in clear space
- Positioned for transfer or for use by an individual using a wheelchair
- Clear floor space or ground space for more than one piece of equipment permitted to overlap



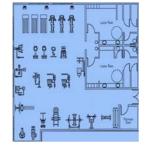


UNITED STATES ACCESS BOARD

#### **Exercise Equipment and Machines**

- No requirement to modify equipment
- Controls and operating mechanisms exempt





UNITED STATES ACCESS BOARD

#### **Area of Sport Activity**

• "That portion of a room or space where the play or practice of sport occurs".





UNITED STATES ACCESS BOARD

#### Area of sport activity

- Court Sports -
- Accessible route to directly connect both sides of the court



UNITED STATES ACCESS BOARD

-	_
1	•

#### **Area of Sport Activity**

- Accessible route to each area of sport activity
- Exempt from firm, stable, and slip resistant surface



UNITED STATES ACCESS BOARD

31

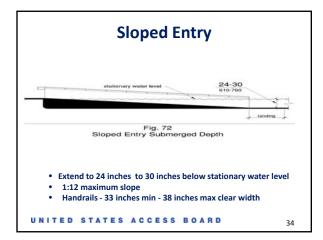
#### **Swimming Pools**

- Required means of access into the water
  - Over 300 linear ft of pool wall = 2 (one primary)
- Less than 300 linear ft of pool wall = 1lift or sloped entry



UNITED STATES ACCESS BOARD

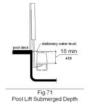
PERMITTED	MEANS OF	POOL ACCE			
POOL TYPE	SLOPED ENTRY	LIFT	TRANSFER WALLS	TRANSFER SYSTEMS	STAIRS
Swimming (less than 300 linear feet of pool wall)	1	1			
Swimming (300 or more linear feet of pool wall) —two means of entry required	/*	J*	1	1	J
Wave action, leisure river, and other pools where user entry is limited to one area	1	1		✓	
Wading pools	1				
Spas		/	1	1	
*Primary means must be by sloped entry or lift, sec	condary mean	s can be any	of the permitte	d types.	



#### **Pool Lift**

- Located where water does not exceed 48 inches
- Footrests must be provided and move with seat





UNITED STATES ACCESS BOARD

35

#### **Pool lift**

- Armrest if provided opposite water shall be removable or fold in raised or load position
- Capable of unassisted operation – both deck and water

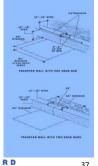


UNITED STATES ACCESS BOARD

-	
	_

#### **Transfer Wall**

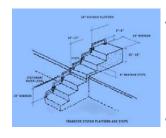
- Clear deck space 60 inches x 60 inches, slope 1:48 maximum
- Height 16 inches to 19 inches



UNITED STATES ACCESS BOARD

37

#### **Transfer System**



- Platform
  - -19 in min depth
  - -24 in clear width
  - -16 in to 19 in height
- Surface not sharp and rounded edges

UNITED STATES ACCESS BOARD

38

#### **Pool Stairs**

- Comply with stairs provisions, except as modified
- Handrail width 20 to 24 inches
- Extensions not required at bottom landing





UNITED STATES ACCESS BOARD

#### **Spas**

- At least one means of entry:
  - Lift footrests not required
  - Transfer wall
  - Transfer system
- Where provided, in a cluster, 5% but not less than one



UNITED STATES ACCESS BOARD

40

#### **Wading pools**

- At least one sloped entry - handrails not required
- Extend to the deepest part of the wading pool



UNITED STATES ACCESS BOARD

41

# Diving Boards and Raised Platforms

 Accessible route not required to serve raised diving boards or diving platforms



UNITED STATES ACCESS BOARD

#### **Water Play Components**





Ground level access and transfer access to elevated play components required



UNITED STATES ACCESS BOARD

43

#### **Play Areas**





- One of each type of ground level play component
- 50% elevated play components
- Ramp access required for more than 20 elevated components

UNITED STATES ACCESS BOARD

44

#### **Soft Contained Play Structures**

- 3 or fewer entry points = 1 on accessible route
- 4 or more entry points = 2 on accessible route
   (AR must connect entry & exit points)



UNITED STATES ACCESS BOARD

# Other facility elements

#### **Entrances**

#### **Scoping:**

- At least 60% of public entrances to comply
- direct access from parking structures (all)
- direct access from tunnels or elevated walkways
- different fixed routes in transit facilities
- entrances to different tenant spaces
- restricted or secured entrances (at least 1)

UNITED STATES ACCESS BOARD

47

#### **Entrances**



 Automated openers recommended for exterior doors

UNITED STATES ACCESS BOARD

#### **Accessible Vehicle Parking** 1 to 25 26 to 50 51 to 75 76 to 100 101 to 150 151 to 200 201 to 300 301 to 400 401 to 500 501 to 1000 2 percent of total 20 plus 1 for each 100 over 1000 1001 and over 1 OF EVERY 6 = VAN SPACE UNITED STATES ACCESS BOARD

#### **Parking**

- Clarifications/ revisions:
- Marking of access aisles
- Sign height (60" min.)
- Angled vans spaces
   (Aisle on passenger side)



UNITED STATES ACCESS BOARD

50

#### **Drinking Fountains**

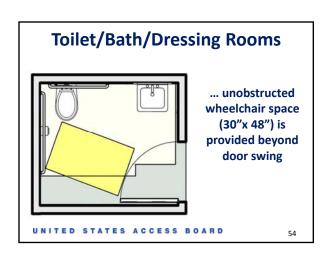
- Where provided at exterior site or floor, 2 units required (wheelchair & standing access)
  - alternative: single "hi-lo"
  - multiple installations: 50% of each type
- (Can round up or down)



UNITED STATES ACCESS BOARD

# Toilet Rooms and Bathing Facilities





# Water Closet Clearance • Lavatory overlap no longer permitted

55



UNITED STATES ACCESS BOARD



### **Bathing Facilities**

#### **Bathing Facilities**

- Access to all public and common use facilities, including:
- gym/ pool shower rooms
- employee locker rooms
- •
- At least one shower or tub required
- Options:
- transfer shower stall
- roll-in shower
- tub

UNITED STATES ACCESS BOARD

59

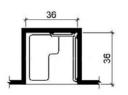
#### **Transfer Stall**

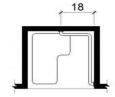


UNITED STATES ACCESS BOARD

#### **Transfer Stall**

- Stall dimensions: absolute, not minimum
- New standards: 36" measured at center point





• Grab bars can be continuous or split

UNITED STATES ACCESS BOARD

#### **Seats**

- dimensions
- location
- height (17" 19")
- securement
- structural strength



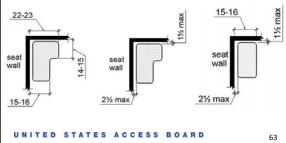
UNITED STATES ACCESS BOARD

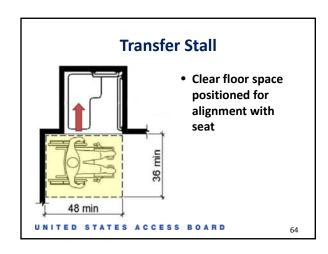
62

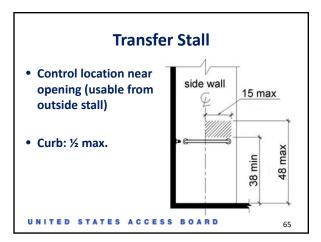
61

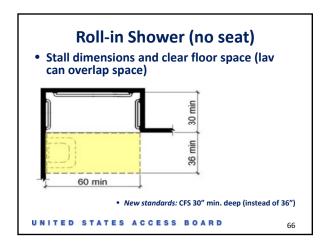
#### Seats

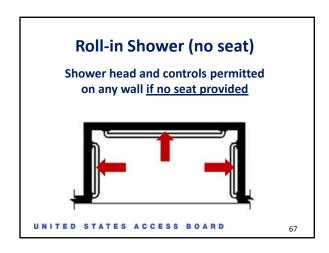
New standards: specifications for L-shaped and rectangular seats

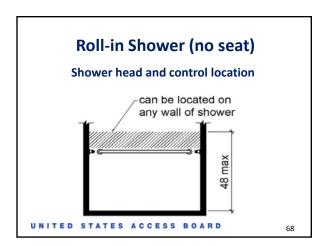


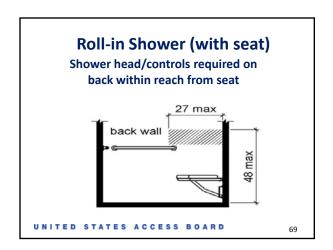












# Roll-in Shower (with seat) Improper location makes controls and shower spray unit unusable from seat

#### **Roll-in Showers**

UNITED STATES ACCESS BOARD

No curbs - smooth transition to shower floor (new standards: ½" max. beveled curb allowed)

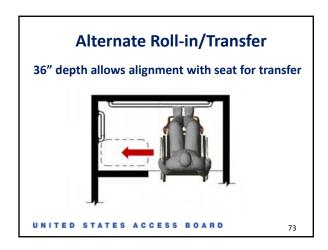
To control water:

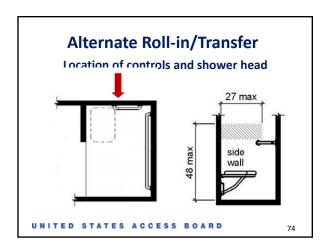
- 2% max. slope allowed
- consider trench drain
- other solutions

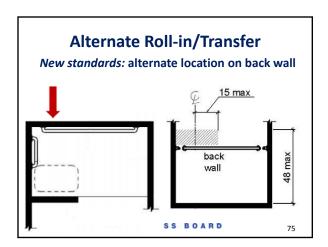


UNITED STATES ACCESS BOARD

71







#### **Shower Spray Unit**

Hand-held shower spray unit required for showers and tubs (exception for "unmonitored" facilities)

New standards:

- •on/off control
- water temperature (120 degrees max.)



UNITED STATES ACCESS BOARD

70

#### **Showers**

**Common Error:** 



Grab bar on seat wall

UNITED STATES ACCESS BOARD

77

#### Saunas and steam rooms

- Where provided in a cluster, at least 5%, not less than one
- Turning space within the room—may be obstructed by readily removable seats
- Door swing cannot swing into clear floor/ground space for bench



UNITED STATES ACCESS BOARD

#### Signs

- Door swing cannot swing into clear floor/ground space for bench
- Tactile/ visual labels for <u>permanent</u> rooms & spaces, exit doors
- Visual only directional or informational signs
- Exempt: temporary signs, building menus, directories, addresses, company names and logos

32**39** 

UNITED STATES ACCESS BOARD

70

#### **Sales and Service Counters**

- 36" max. height (accessible portion)
- Applies to full depth of counter
- 36" min. length (30" min. forward approach)
- security glazing method to facilitate voice communication



UNITED STATES ACCESS BOARD

80

#### **Dressing, Fitting, & Locker Rooms**

- Access to at least 5% of each type of locker, in each cluster
- Clear floor space
- Elements within reach range
- Operable parts
- Accessible bench



UNITED STATES ACCESS BOARD

#### **Dressing/Fitting/Locker Rooms**

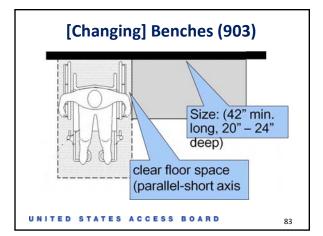




Door swing into turning space (if wheelchair space beyond swing)

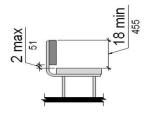
22

84



#### **Benches**

• Back support - new specifications



UNITED STATES ACCESS BOARD

#### Where to direct questions



## \*

#### **U.S.** Department of Justice

- Implementing regulation and additional requirements
- Requirements for existing facilities title II & III

(800) 514-0301 (voice) (800) 514-0383 (TTY) www.ada.gov

#### **U.S. Access Board**

 2010 Accessibility Standards for new construction and alterations

> (800) 872-2253 (voice) (800) 993-2822 (TTY) ta@access-board.gov www.access-board.gov

UNITED STATES ACCESS BOARD

25

# Technical Assistance Material Liver of the second of the

### **Questions?**

 You May Type and Submit questions in the Chat Area Text Box or press Control-M and enter text in the Chat Area

UNITED STATES ACCESS BOARD

# Thank You for Participating in Today's Webinar





Next scheduled session:
Section 508 – "The Basics"
September 1, 2011
www.accessibilityonline.org
877-232-1990 (V/TTY)

U	N	111	1 3	D	5 T	A	т	Ε	s	A.	С	С	Е	S	S	3	0	Α	R	E	•	